



## THE UNFORTUNATES' DISCUSSION MEETING FORMAT

### OPENING OF MEETING

1. Welcome to The Unfortunates' Discussion Meeting. Let us begin with a moment of silence followed by the Serenity Prayer.
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### INTRODUCTIONS

1. My name is \_\_\_\_\_ and I am an alcoholic and I will be the chairperson today.
  2. Is there anyone visiting who would like to be recognized?
  3. Is this anyone's first A.A. meeting? (If yes, ask for their name and offer them a chip.)
  4. Is there anyone who is new or returning who would like to be recognized and receive a chip?
  5. Is there anyone with 1, 2, 3, 6, or 9 months of continuous sobriety who would like to receive a chip?
  6. Is there anyone celebrating an annual anniversary?
  7. Will the members who have worked all 12 Steps, who have a Sponsor, and are ready to work with others please raise your hand? If you are looking for a Sponsor, please see any of these people after the meeting.
  8. For those needing confirmation of attendance please place your documents in the basket that will be passed at the end of the meeting. Documents can be picked up after the meeting.
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### BEGINNING OF THE MEETING

1. **This is the first paragraph from the Forward to the First Edition from Alcoholics Anonymous:** *We, of Alcoholics Anonymous, are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body. To show other alcoholics precisely how we have recovered is the main purpose of this book. For them, we hope these pages will prove so convincing that no further authentication will be necessary. We think this account of our experiences will help everyone to better understand the alcoholic. Many do not comprehend that the alcoholic is a very sick person. And besides, we are sure that our way of living has its advantages for all.*
  2. As the chairperson, I will introduce the topic for today's meeting, call on people to share, and then open the meeting for the last 10 to 15 minutes for anyone who would like to share. Out of respect for all those who would like to share, please limit your sharing to 5 minutes.
  3. Today's topic is \_\_\_\_\_.
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### CLOSING OF MEETING

*(5 minutes before the close of the meeting)*

1. Sorry but that is all time we have.
2. In keeping with the 7<sup>th</sup> Tradition, the basket is going to be passed for contributions. The A.A. General Service Office's suggestion of \$2.00 goes to District, Area, GSO, Zoom, literature, and the Big Books this group provides to the newcomers. If you need confirmation of attendance, please place your documents in the basket.
3. Sign Up Genius link to chair or be a greeter for this meeting is available @Unfortunates.Org.
4. If you would like to be added to the email and phone list, please email Secretary@Unfortunates.Org.
5. Are there any announcements?
6. Please join us in closing the meeting with the Lord's Prayer.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. For thine in the Kingdom, the Power, and the Glory forever. Amen.