

THE UNFORTUNATES' DISCUSSION MEETING FORMAT

OPENING OF MEETING

1. Welcome to The Unfortunates' Discussion Meeting. Let us begin with a moment of silence followed by the Serenity Prayer.

INTRODUCTIONS

- 1. My name is _____ and I am an alcoholic and I will be the chairperson today.
- 2. Is there anyone visiting who would like to be recognized?
- 3. Is this anyone's first A.A. meeting? (If yes, ask for their name and welcome them to the Group.)
- 4. Is there anyone who is new or returning who would like to be recognized?
- 5. For those who are new to AA or to The Unfortunates Group, the greeter/greeters _____ are available for questions on sponsorship, AA literature and meeting details in the zoom chat feature. Greeters are also available before and after the meeting for questions about AA or this meeting. For those needing confirmation of attendance please give your email address to a greeter via private chat and they can confirm your attendance via email.
- 6. Is there anyone with 1, 2, 3, 6, or 9 months of continuous sobriety who would like to receive a virtual chip?
- 7. Is there anyone celebrating an annual anniversary?
- 8. Will the members who have worked all 12 Steps, who have a Sponsor, and are ready to work with others please add an (S) next to your name? If you are looking for a Sponsor, please see these people after the meeting.

BEGINNING OF THE MEETING

- 1. This is the first paragraph from the Forward to the First Edition from Alcoholics Anonymous: We, of Alcoholics Anonymous, are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body. To show other alcoholics precisely how we have recovered is the main purpose of this book. For them, we hope these pages will prove so convincing that no further authentication will be necessary. We think this account of our experiences will help everyone to better understand the alcoholic. Many do not comprehend that the alcoholic is a very sick person. And besides, we are sure that our way of living has its advantages for all.
- 2. As the chairperson, I will introduce the topic for today's meeting, call on people to share, and then open the meeting for the last 10 to 15 minutes for anyone who would like to share. Out of respect for all those who would like to share, please limit your sharing to 5 minutes.

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CLOSING OF MEETING

(5 minutes before the close of the meeting)

- 1. Sorry but that is all time we have.
- 2. In keeping with the 7th Tradition, please use the Venmo @unfortunates7 to make your contribution. The A.A. General Service Office's suggestion of \$2.00 goes to District, Area, GSO, Zoom, literature, and the Big Books this group provides to the newcomers.
- 3. Sign Up Genius link to chair or be a greeter for this meeting is available @Unfortunates.Org
- 4. If you would like to be added to the email and phone list, please email Secretary@Unfortunates.Org
- 5. Are there any announcements?
- 6. Please join us in closing the meeting with the Lord's Prayer.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. For thine in the Kingdom, the Power, and the Glory forever. Amen.